

How can you join in?

Please tick as appropriate

Give a little time

Could you drop in to chat with someone who's feeling lonely; or help at a regular club or event; or be willing to drive people to activities; or even become a telephone befriender? Just a couple of hours per month could transform a lonely life.

Give financially

3 people giving £5 per month would allow us to re-connect someone with their local community.

Partner

Can we help equip your church or group to reach out to the lonely in their community?

Pray

Can we send you regular information so that you can pray for an end to the growing epidemic of loneliness.

I'd like to find out how I can join in with the areas I have ticked above

Name:

Address:

Postcode:

Tel No.

Email:

Signature:

Charity registration no. 1108850 | Company registration no. 04936763



About Hope in the Community

There are lots of excellent activities and support for older people in Bournemouth – but loneliness is growing and the churches want to play their part; so we have come together to meet, chat, support and go to events with older people; we'll combine our resources, compassion and localness to create a network across the town that helps older people find their place in community.

In partnership with



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*Hope for the future;
Life in your community*



Churches working together to reduce loneliness and help older people find their place in the community



Here's how it works...

1 Referral

We accept referrals from anyone, including individuals, as long as the referred person has given permission, is over 65 and lives in Bournemouth.

2 Meeting up

We will meet with the person to identify activities and additional support that will help them maintain their independence.

3 Connecting

We will make sure that they can get to these activities (and come too if that's helpful).

4 Keeping contact

We will provide regular telephone support or find a volunteer to drop in and chat on a regular basis if needed.

5 Making sure it works

We will contact the person after a while to make sure they are happy and see if there is anything else we can do to help.

Loneliness can be beaten!

Here's just one story of life transformation: "When we first went in to visit "Jim", he was very low. He was grieving for his late wife, whom had recently passed away. He was very concerned about what benefits he was entitled to and was very confused about the benefit system. Whilst they were talking we mentioned that there was an armchair keep fit class and a few weeks later he said would like to go along. We met "Jim" there so there was a friendly face, and also had a coffee with him afterwards. Now 5 months on "Jim" is not only a regular at keep fit and the coffee group, he is also a regular at the games night on a different night - he has a new social life and a new group of friends"



"The world would be a happier place if all days were like today"



Tess is our coordinator and is here to chat or meet up with you if you would like any further information or to make a referral. See contact details on the back.

Standing order/gift form

To the manager of Bank/Building society:

Branch:

Postal Address:

Postcode:

Sort-code:

Account No.

Your Name:

Your Address:

Postcode:

Please pay: **Hope in the Community (ref: hitcb)**
CAF Bank Account: 71352776, Sort-code: 404344

A Monthly payment (tick box) on the day of each month
of Amount £ Date of first payment:

A one off payment (tick box)
of Amount £ Date of payment:

Your Signature:

GIFT AID means that you can support us even more, at no extra cost to yourself if you are a UK taxpayer, we can claim an additional 25p for every £1 donated. Please Sign below. *giftaid it*
"I want this and any further donations to Hope in the Community (Charity reg. no. 1108850) to be treated as Gift Aid donations. I confirm that I pay tax in the UK and that the level of income tax or capital gains tax that I pay each year is at least equal to the tax on all the gift-aided donations that I have made (excl. other taxes like VAT, Council Tax)."

Signature:

Date: